

Registered Mental Health Nurse Skills and Competency Checklist

KEY – Skills 1 - Performs Well 2 - Minor Only 3 - Requires Support 4 - No Experience

Clinical Awareness and Specialist Knowledge

	1	2	3	4
Schizophrenia				
Autistic Spectrum Disorder (inc Aspergers Syndrome)				
Bi-Polar Disorder				
Depression				
Suicide/Self Harm				
Overdose				
Personality Disorder				
Psychotic Disorder				
Eating Disorder				
Learning Disabilities				
Challenging Behaviours				
Elderly Mental Health				
Child Protection				
Issues in Child/adolescent Psychiatry				
PICU				
Mother and Baby				
Learning Disorder				
Family Therapy				
Drug and Alcohol				
Rehabilitation				
HMP's				
Forensic Psychiatry				
Low/Medium Secure				

Drug Administration Practice and Procedures

	1	2	3	4
Calculations				
Oral Administration				
Methadone Clinics/Admin				
Clozapine Clinics/Admin				
Depot Injections				
IM Injection				
SC Injection				
Specimen Collection				

TPR & BP				
Wound and Skin Care				
Diabetes				
Nutritional Requirements				

Skills

	1	2	3	4
Epilepsy/Seizure Management				
Response to Critical Incidents				
Emergency Procedures				
Physical Restraint Techniques				
Supervising Junior Staff				
Delegate Tasks				
Ability to manage a Ward/Team				
Risk Assessment				
Occupational Hazards				
Universal Precautions				
Safeguarding				
DOLS				
HONOS PBR				

Print Name:

Date:

Signature: